

Scan History

Recap of your scans

# of Scans to date	8
Before/After	229 days
Net Loss/Gain	Lost 66.4 in (-15.4%)

 First Scan
Jun 27



Circumference Summary

These are the biggest areas of change

Torso	Lost 51.2 in (-16.1%)
Neck & Arms	Lost 7.0 in (-16.7%)
Legs	Lost 8.2 in (-11.5%)

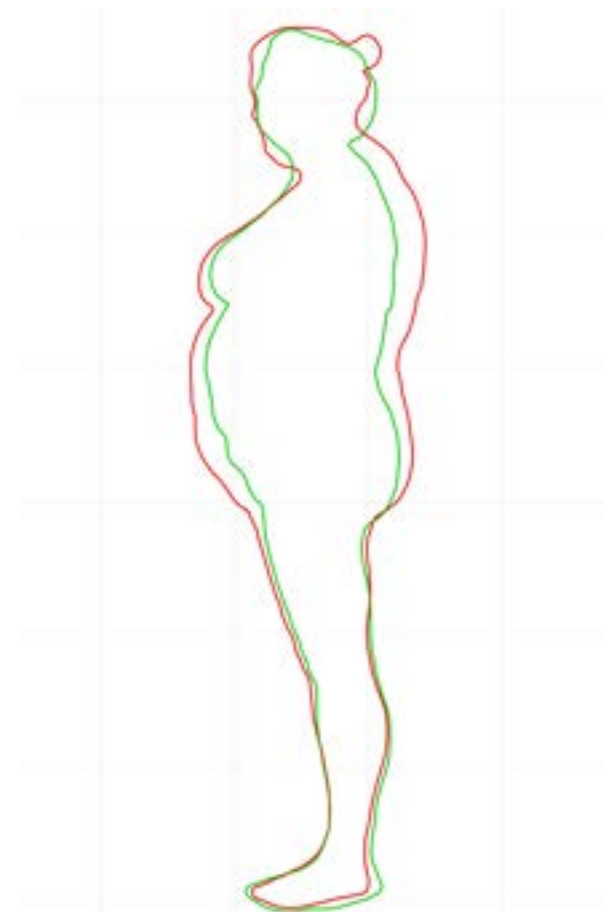
 Last Scan
Feb 11



Composition Summary

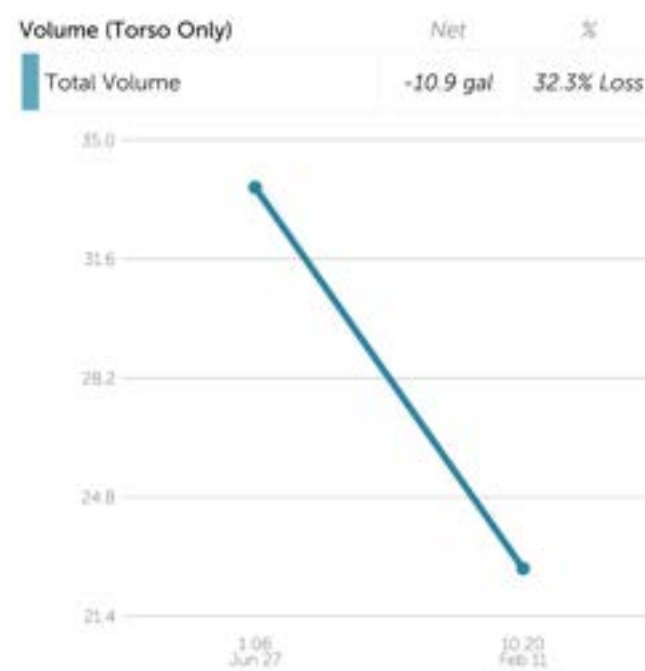
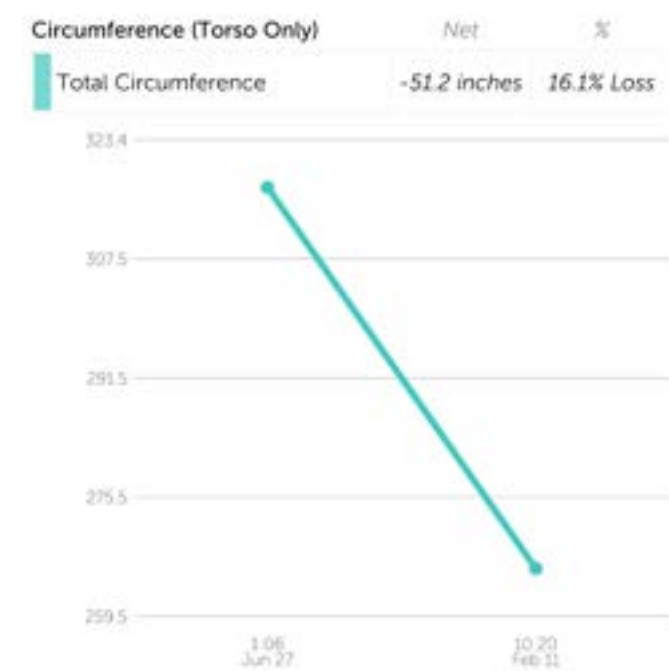
Your body composition progress

Total Weight	Lost 66.0 lbs (-22.9%)
Body Fat %	Lost 4.5% (-10.1%)
Lean Mass %	Gained 4.1% (7.8%)



CIRCUMFERENCES - MEASUREMENTS

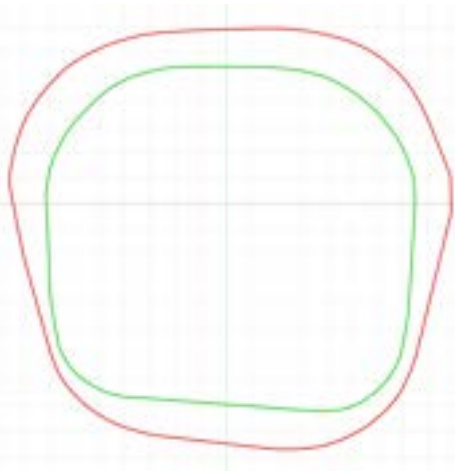
EXAMPLE FEMALE



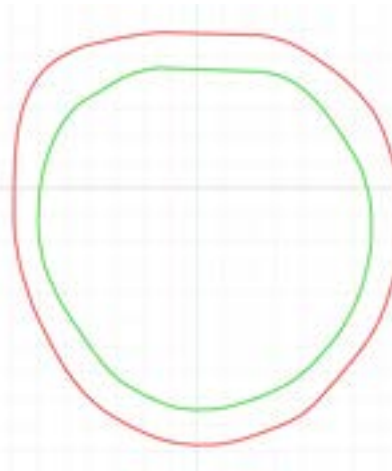
CIRCUMFERENCES - TORSO CROSS-SECTIONS

EXAMPLE FEMALE

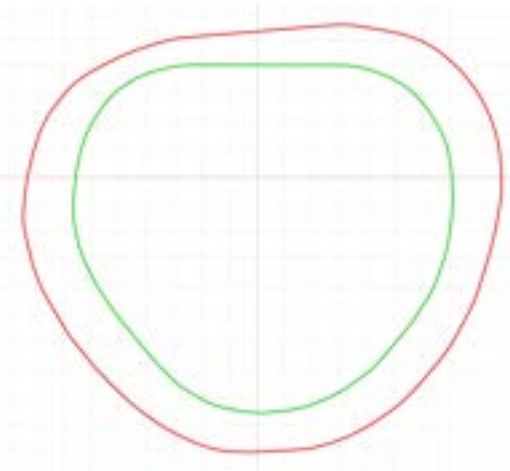
Chest	Net	%
Chest	-7.7 inches	14.0% Loss



Waist (Narrowest)	Net	%
Waist (Narrowest)	-8.1 inches	16.7% Loss

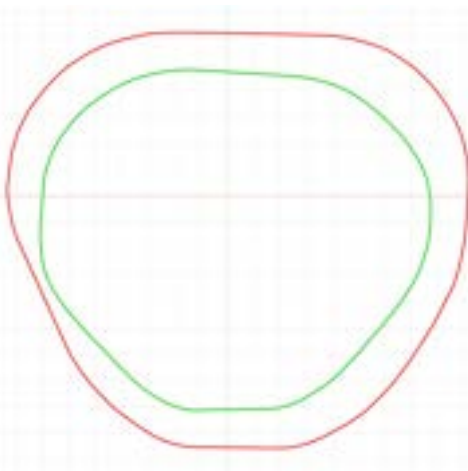


Waist (Abdominal)	Net	%
Waist (Abdominal)	-9.6 inches	18.9% Loss

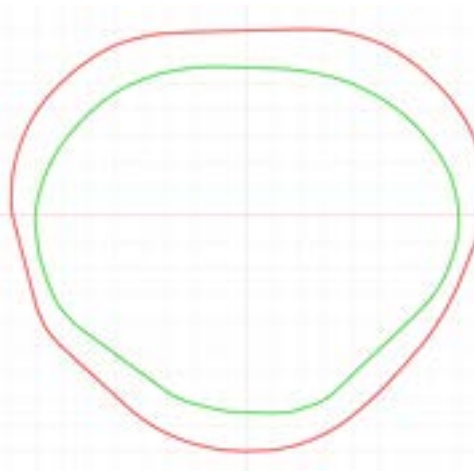


█ First Scan
 1:06 Jun 27, 2016
 █ Last Scan
 10:20 Feb 11, 2017

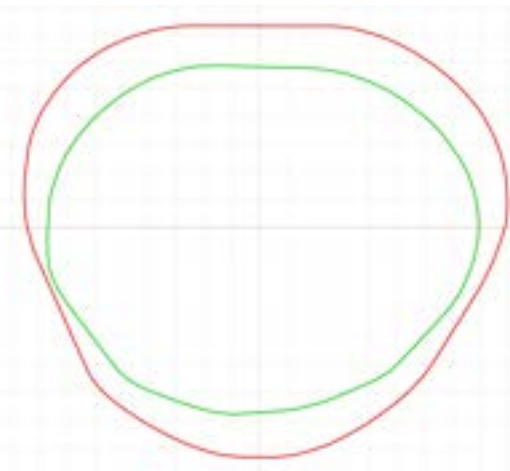
Waist (Lower)	Net	%
Waist (Lower)	-9.7 inches	17.7% Loss



High Hip	Net	%
High Hip	-8.1 inches	14.7% Loss

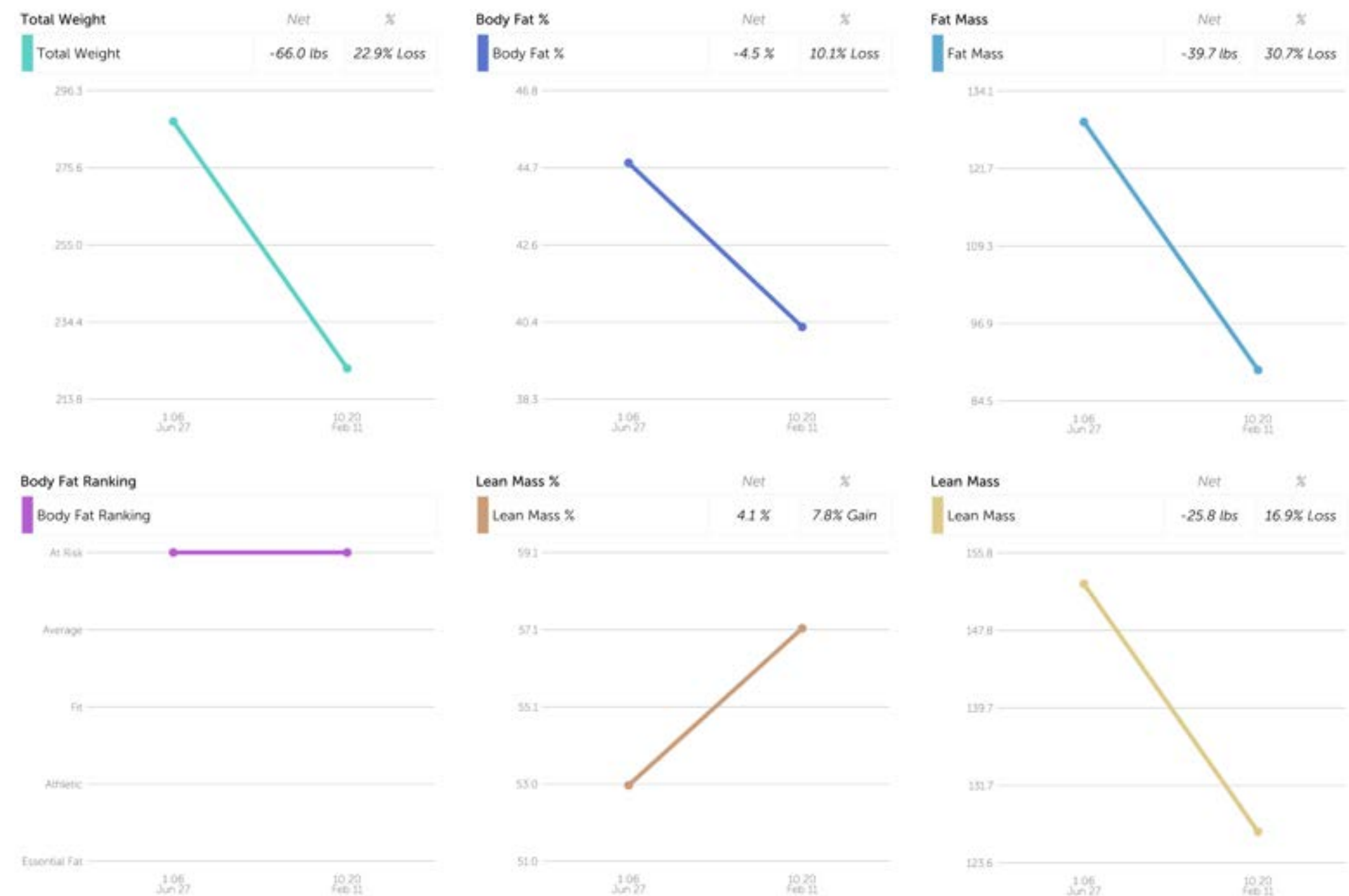


Hip	Net	%
Hip	-8.0 inches	14.9% Loss



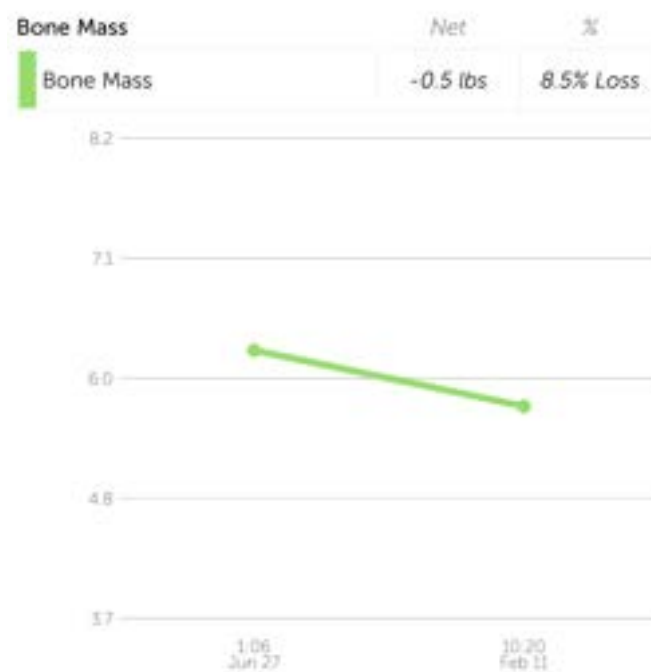
BODY COMPOSITION - FAT AND LEAN MASS

EXAMPLE FEMALE



BODY COMPOSITION - MINERAL CONTENT

EXAMPLE FEMALE



LEGEND

Bone Mass %

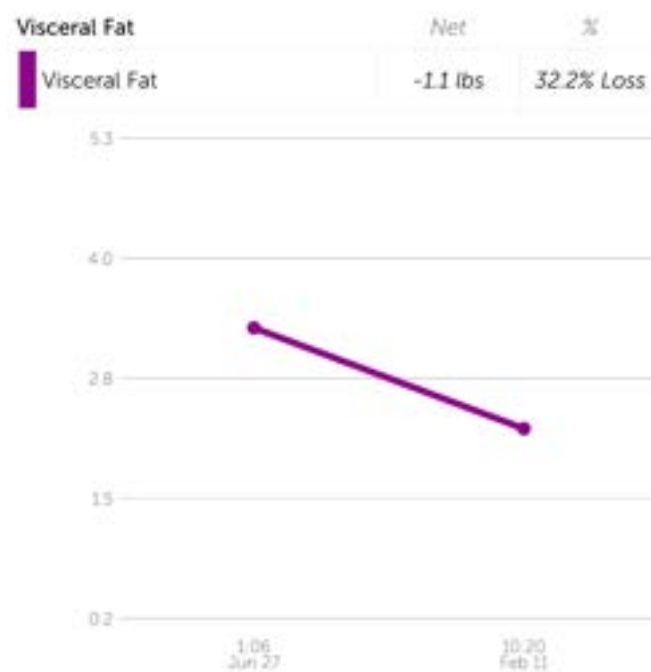
Bone Mass % is the percentage of bone mineral as compared to your total body weight. On average, adults have a bone mineral content of 3-5% of their total body weight. As you age, this can decrease and bone loss can occur, which can be detrimental to your health.

Bone Mass

Bone Mass is the amount of bone mineral in your body.

BODY COMPOSITION - REGIONAL FAT DISTRIBUTION

EXAMPLE FEMALE



LEGEND

Subcutaneous Fat

SAT Fat Mass is the amount of Subcutaneous Adipose Tissue (SAT) in your abdomen or belly. SAT is the fat carried just under your skin. Most of the fat in your body is SAT, and this type of fat has the biggest impact on your body's size and shape.

Visceral Fat

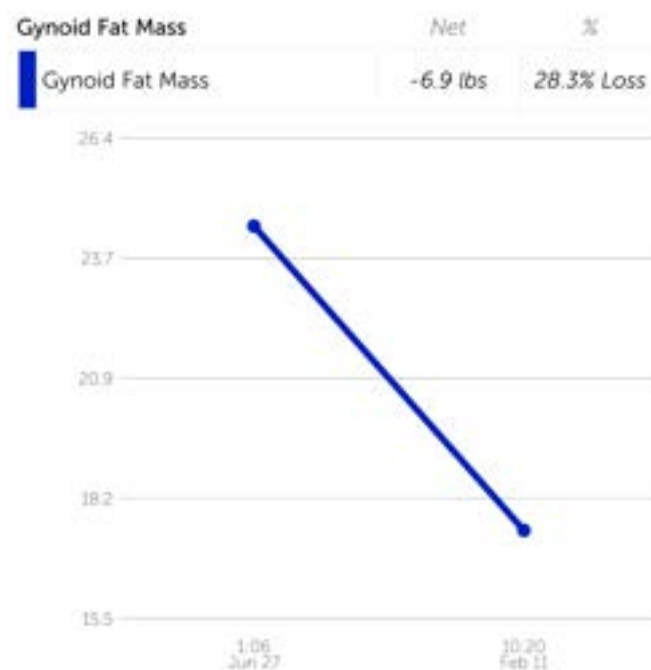
VAT Fat Mass is the amount of Visceral Adipose Tissue (VAT) in your abdomen or belly. VAT is the fat surrounding your internal organs, including your heart, liver and lungs. While some VAT is necessary, a high amount is associated with a number of health issues including type-2 diabetes, heart disease, colon cancer and stroke.

Android Fat Mass

Android Fat Mass refers to fat stored around the upper body, in the belly and waist. This region is where men typically carry the most fat.

Gynoid Fat Mass

Gynoid Fat Mass refers to fat stored around the hips, thighs and buttocks. This region is where women typically carry the most fat.



3D SCANS

EXAMPLE FEMALE

Jun 27



Jul 13



Jul 28



Aug 26



Sep 29



Scan History

Recap of your scans

# of Scans to date	2
Before/After	148 days
Net Loss/Gain	Lost 33.3 in (-9.0%)

■ First Scan
May 11



Circumference Summary

These are the biggest areas of change

Torso	Lost 24.8 in (-9.7%)
Neck & Arms	Lost 1.5 in (-3.6%)
Legs	Lost 7.0 in (-9.9%)

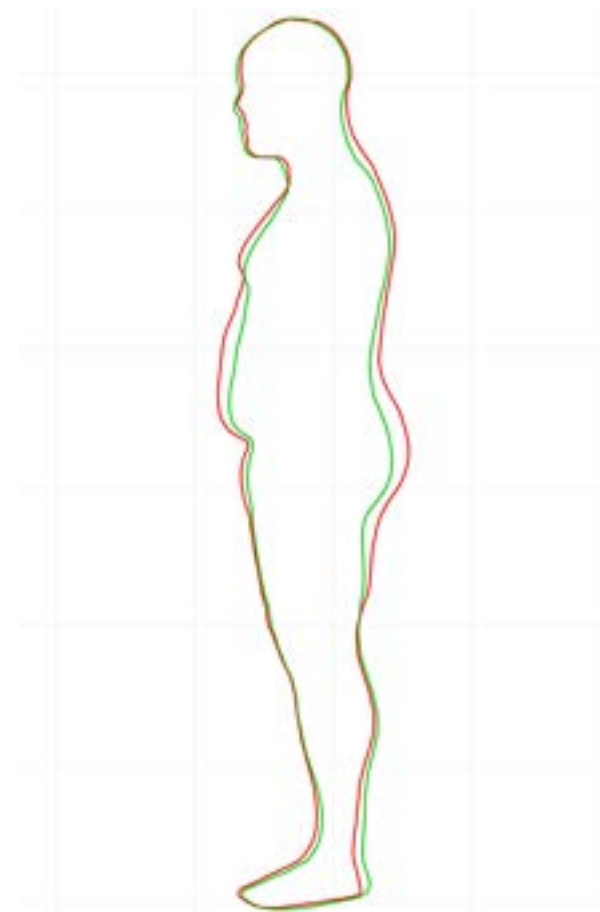
■ Last Scan
Oct 5



Composition Summary

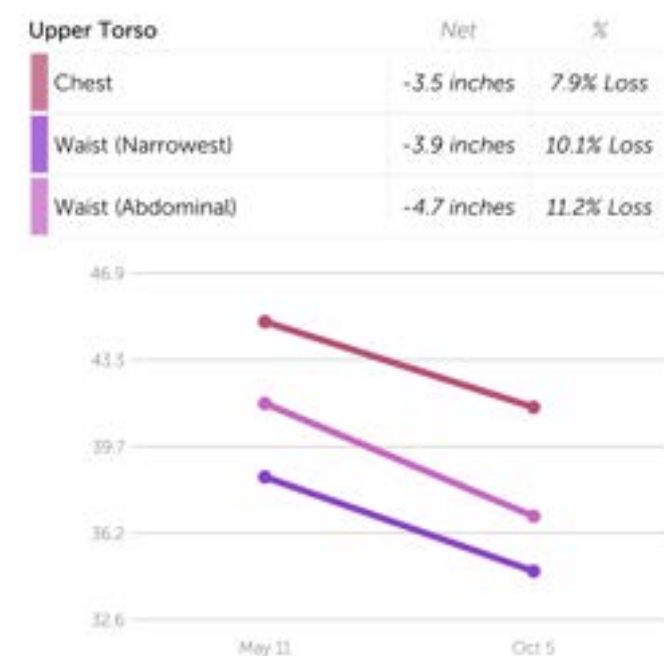
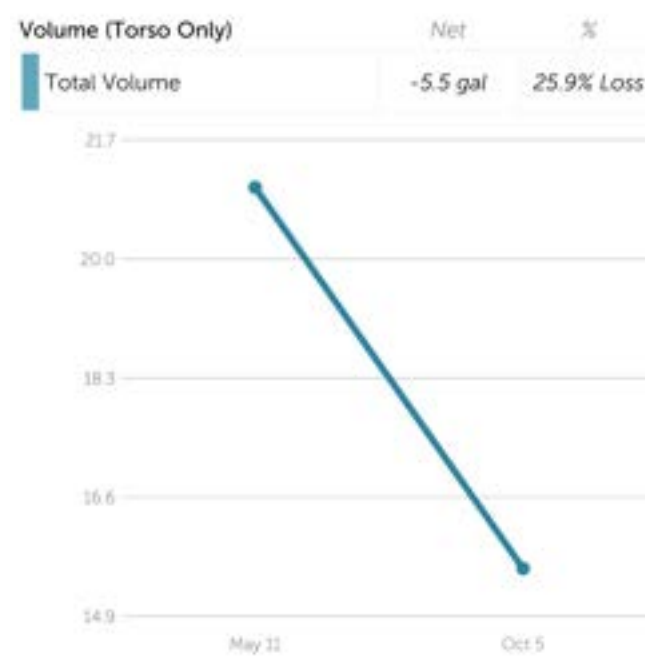
Your body composition progress

Total Weight	Lost 41.0 lbs (-17.7%)
Body Fat %	Lost 3.1% (-9.7%)
Lean Mass %	Gained 2.8% (4.3%)



CIRCUMFERENCES - MEASUREMENTS

EXAMPLE MALE



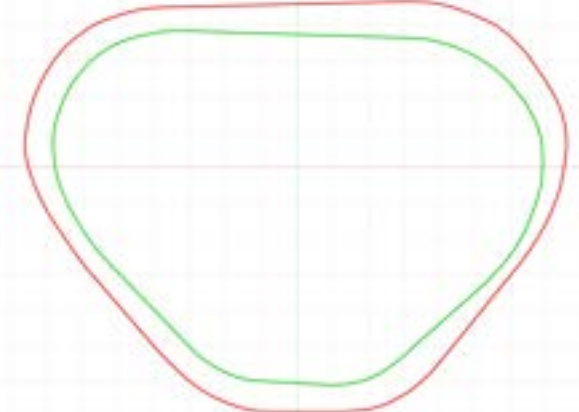
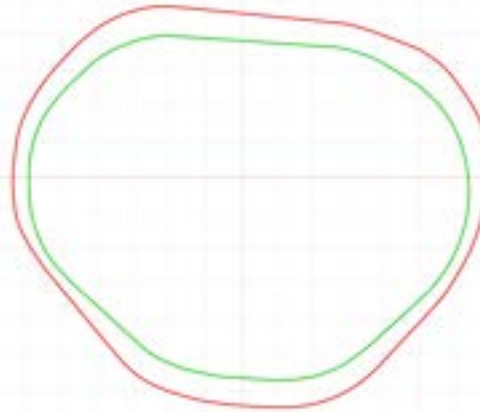
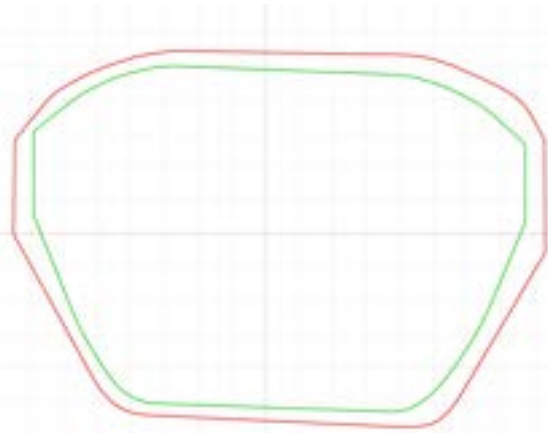
CIRCUMFERENCES - TORSO CROSS-SECTIONS

EXAMPLE MALE

Chest	Net	%
Chest	-3.5 inches	7.9% Loss

Waist (Narrowest)	Net	%
Waist (Narrowest)	-3.9 inches	10.1% Loss

Waist (Abdominal)	Net	%
Waist (Abdominal)	-4.7 inches	11.2% Loss

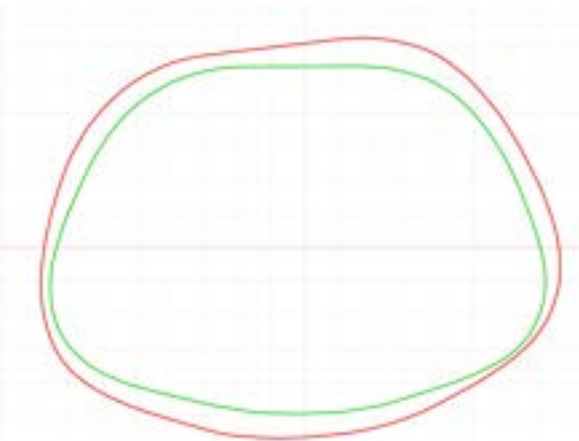
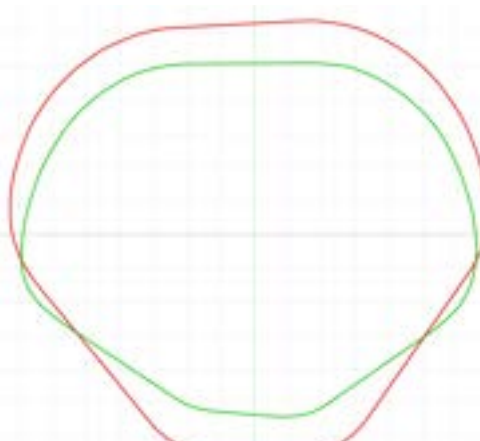
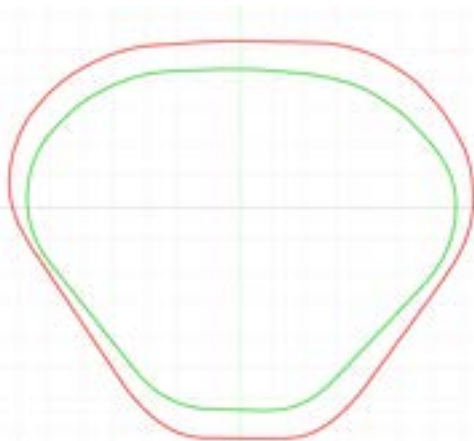


█ First Scan
May 11, 2016
 █ Last Scan
Oct 5, 2016

Waist (Lower)	Net	%
Waist (Lower)	-4.9 inches	11.2% Loss

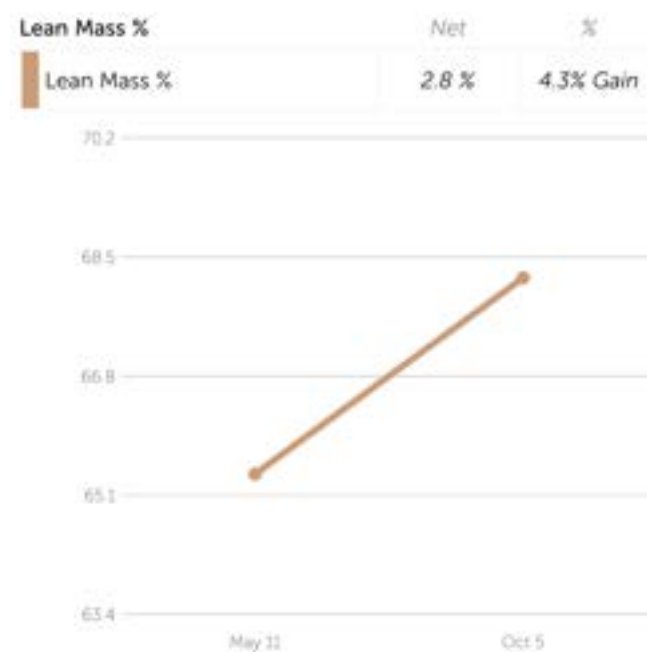
High Hip	Net	%
High Hip	-4.6 inches	10.7% Loss

Hip	Net	%
Hip	-3.2 inches	7.2% Loss



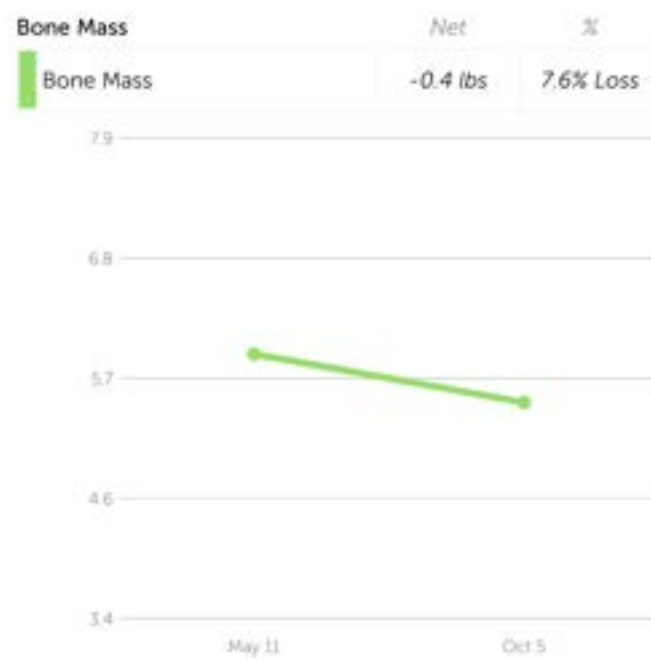
BODY COMPOSITION - FAT AND LEAN MASS

EXAMPLE MALE



BODY COMPOSITION - MINERAL CONTENT

EXAMPLE MALE



LEGEND

Bone Mass %

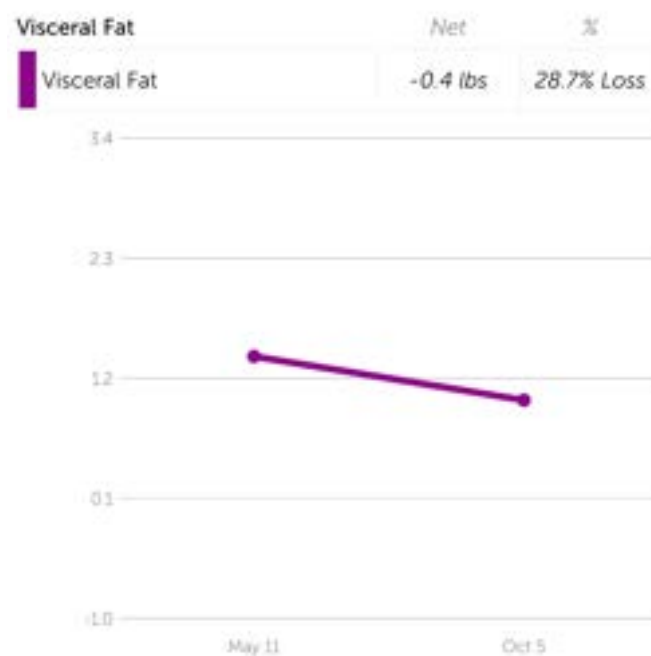
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BODY COMPOSITION - REGIONAL FAT DISTRIBUTION

EXAMPLE MALE



LEGEND

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Visceral Fat

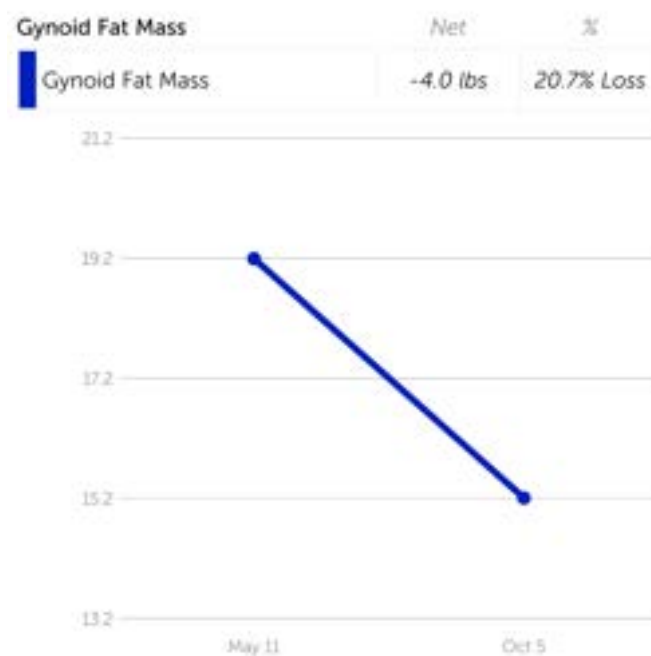
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Android Fat Mass

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Gynoid Fat Mass

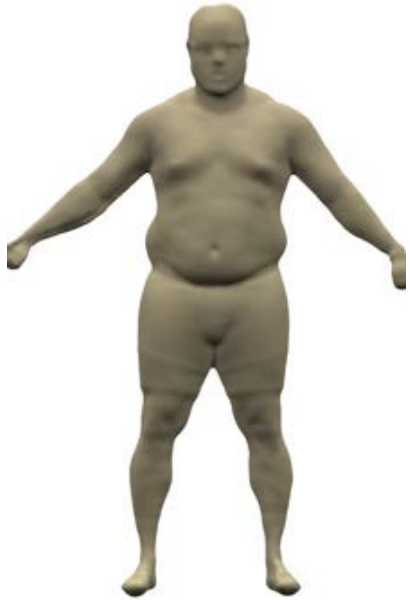
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3D SCANS

EXAMPLE MALE

May 11



Oct 5

